

QORU

quality and outcomes
of person-centred care
research unit



Date:
11th January 2013
2pm - 4:05pm

UNDERSTANDING OUTCOMES FOR PEOPLE WITH LONG TERM CONDITIONS

Health and social care policy currently puts considerable emphasis on 'outcomes'. The new outcomes frameworks for health and social care have at their core patient reported outcome measures (PROMS) and measures of social care-related quality of life. But to what extent do these measures really reflect 'outcomes' for people with long-term conditions? How can we make best use of these outcome indicators? What other information do we need to interpret them?

The Department of Health funded policy Research Unit in Quality and Outcomes of person-centred care (QORU) is holding a seminar on 11th January 2013 at LSE to bring together interested parties to discuss the use of 'outcome' data in practice and what is needed to ensure that policy makers and practitioners have access to useful information in the future.

*The seminar is free of charge but places limited so make sure to register to avoid disappointment by contacting **Esther Sidley** at pssru@lse.ac.uk or on **020 7955 6529** to receive further information and to book your place at the event.*

Location: NAB LG.01, Lincoln's Inn Fields, **L**ondon **S**chool of **E**conomics

University of
Kent

LSE THE LONDON SCHOOL
OF ECONOMICS AND
POLITICAL SCIENCE ■

UNIVERSITY OF
OXFORD

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Timetable

2.00 Welcome and introduction (Dr Jose-Luis Fernandez)

2.05 Professor Ray Fitzpatrick (QORU, University of Oxford) on "Patient reported outcome measures for long term conditions"

Patient reported outcome measures (PROMs) have now been extensively tested and applied to the context of elective surgical procedures where they provide relatively simple and informative evidence of the impact of surgery as viewed by the patient. In the context of long term conditions, use and interpretation of PROMs is more challenging. Patients live with long term conditions over much longer time periods and attributing changes in quality of life to service is more difficult. The NHS Outcomes Framework expresses commitment to monitoring quality of life for long term conditions by means of EQ-5D. Challenges of using PROMs for long term conditions are examined via a pilot study of 6 long term conditions whose quality of life was monitored via primary care.

2:35 Dr Jose M Valderas (QORU, University of Oxford) on "The use of PROMS in Clinical Practice"

This presentation will focus on what is known in relation to the application of PROMs in clinical settings and will also present current work focussed on the development and testing of an intervention based on the use of PROMs by patients and professionals for improving care for people with multiple long term conditions

3:05 Professor Julien Forder (QORU, University of Kent and LSE) on "Measuring outcomes for people with long-term conditions: the role of EQ5D and other quality indicators"

The NHS Outcomes Framework was developed as a means to hold the NHS to account. Domain 2 concerns the enhancement of quality of life for people with long-term conditions. The NHS Outcomes Framework 2012/13 indicated that EQ5D would be the overarching indicator for this purpose. This presentation discusses the use of EQ5D in this regard. Whilst EQ5D is well-established and has a range of strengths it has a focus on personal impairment limiting quality of life. This focus might not be appropriate for people with long-term conditions where their underlying impairment is not treatable and where they are seeking instead to manage the consequences of their condition. As well as considering the arguments, we present some empirical findings comparing the performance of EQ5D with other quality-of-life measures for populations of people with long-term conditions. We find that measures which focus on the achievement of quality-of-life relevant functioning show more sensitivity than EQ5D for these populations.

3:35 Discussion: The next step for PROMS for People with LTC's with Professor Ray Fitzpatrick (QORU, University of Oxford)

4.05 Close